

RISTRE

NUTRITION LABEL

Nutritionally complete food that is high in protein, unsaturated fats, fibre, a wide range of superfoods, vitamins, minerals and sweetener.

NUTRITIONAL INFORMATION

Portion size (1 portion per package)	1 package= 500ml		
	100 ml	500 ml	% GDA*
Energy	133,2 kcal 557 kJ	666 kcal 2 787 kJ	33 %
Fats	6 g	30 g	43 %
of which saturated	0,6 g	3 g	15 %
Carbohydrates	11,2 g	56 g	22 %
of which sugars	0,2 g	1 g	1 %
Fber	2 g	10 g	** %
Proteins	7 g	35 g	70 %
Salt	0,2 g	1 g	17 %

* Guideline Daily Amount for average adult (2000 kcal / 8370 kJ).

** Guideline Daily Amount not specified

INGREDIENTS: water, maltodextrin, **why** protein concentrate, rapeseed oil, hemp oil, **egg** protein, millet, buckwheat, Dutch cocoa, apple fibre, inulin, quinoa, hemp protein, psyllium, chia seeds, creatine monohydrate, glutamine, Ceylon cinnamon, **fish** oil, **almonds**, flaxseed, sea collagen, maca, ginkgo biloba, milk thistle, reishi, ginger, guarana, taurine, D-aspartic acid, sunflower lecithin, vitamins and minerals (vitamin C, niacin, vitamin E, pantothenic acid, vitamin B6, B2 and B1, folic acid, biotin, vitamin K2, vitamin D3, vitamin B12, calcium, phosphorus, magnesium, iron, zinc, manganese, copper, iodine, selenium), acidity regulators and antioxidants (citric acid, tartaric acid, malic acid, ascorbic acid), DMAE, sucralose, garlic tincture, hyaluronic acid, coenzyme Q10, aroma.

Allergy advice: For allergens see ingredients in **bold**.

May contain: traces of peanuts, shellfish (molluscs and crustaceans).

WARNING:

This product is not suitable for people younger than 18 years old. The product is not suitable for pregnant and lactating women. Ristre contains ingredients of natural origin, however, you should always consult your physician or other health care professional before consuming this product.

STORAGE:

Treated with gentle pasteurization. Store at room temperature. Protect from frost, heat and direct sunlight. Use within 6 months from the date of manufacture stated on the packaging. Once opened, store in a cool place and use it within 24 hours.

Vitamins	100 ml	1 porce = 500 ml	% DDD v 1 porci
Vitamin E	1,2 mg	6 mg	50 %
Vitamin B1	0,12 mg	0,6 mg	50 %
Vitamin B2	0,14 mg	0,7 mg	50 %
Vitamin B6	0,14 mg	0,7 mg	50 %
Vitamin B12	0,26 µg	1,3 µg	50 %
Vitamin C	8 mg	40 mg	50 %
Pantothenic acid	0,6 mg	3 mg	50 %
Biotin	0,006 mg	0,03 mg	50 %
Folic acid	0,02 mg	0,1 mg	50 %
Niacin	1,6 mg	8 mg	50 %
Vitamin D3	0,01 mg	0,05 mg (2000 IU)	100 %
Vitamin K2	0,015 mg	0,075 mg	100 %
Minerální látky a stopové prvky	100 ml	1 portion = 500 ml	% DDD v 1 porci
Calcium (Ca)	53,3 mg	267 mg	33 %
Magnesium (Mg)	25 mg	125 mg	33 %
Iron(Fe)	0,9 mg	4,7 mg	33 %
Zinc (Zn)	0,7 mg	3,3 mg	33 %
Selenium (Se)	3,7 µg	18,3 µg	33 %
Iodine (I)	10 µg	50 µg	33 %
Phosphorus (P)	46,7 mg	233,3 mg	33 %
Copper (Cu)	0,1 mg	0,3 mg	33 %
Manganese (Mn)	0,1 mg	0,7 mg	33 %



Producer: RISTRE s.r.o.
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In case of suspicion of defective packaging, please contact us at +420 703 331 663